

SPACE DANCE LESSON 5

Year 1 & 2

Learning Intention: *How can you perform dance movements in different directions?*

Yr 1

With support I can perform some basic dance movements to travel

I can use basic dance movements to travel e.g. jumping and turning

I can perform a variety of dance movements to travel e.g. jumping turning, gesturing

Key Words: Time, action start, Finish, Levels

EQUIPMENT:

Track 4

Yr 2

I can use basic dance movements to travel e.g. jumping and turning

I can perform a variety of dance movements to travel when performing e.g. jumping turning, gesturing

I can perform complex dance movements to travel when performing e.g. jumping turning, gesturing, moving expressively

Key Words: Movement, control, count, beat, travel

WARM UP: Musical beats

Teacher to tap the tambourine. Can they listen and move around the hall in time to the **beat** of the tambourine?

What happens when the tambourine gets faster? The beat gets faster.

Yr 2 extension: Can they march to the **beat**? Can they clap to the **beat**?

ACTIVITY 1: Recap Dance

1. Children to practise and recap "Take-off", "Planets", "Astronauts" and "Aliens" dance phrases from last lesson. Practise with a tambourine and then with the music.

ACTIVITY 2: Journey Home

Track 4

1. Ask the children to describe what they think the journey back to earth would be like. What would happen to the rocket on the way back to earth?
2. Children in groups of 4/5 from last lesson.
3. Explain to the children that this is the next part of the dance
4. Children will move from their aliens to their journey home.
5. Children to explore ideas and **actions** with their groups. Can they move in different directions? How could they move together?

Make it harder: Encourage the children to move for 4 **counts** to show one activity, in one direction, and then another 4 counts to change to something else, moving in a different direction.

Make it easier: Teacher to perform **actions** for the child to copy.

Progress to dance

1. In groups children to make up their journey home.
2. Have the music playing whilst they are practising.
3. How can they perform dance **movements** with **control, levels** and different directions?

Make it easier: May need support with ideas and how to move in different directions.

TEACHING POINT:

Children to ensure they are still moving in time to the music!

TEACHING POINT:

Always walk through without the music first.

ACTIVITY 3: Dance Performance

1. Listen to the music with the children. Explain that they are going to combine the dance phrases together.

Dance so far: Take off

Planets

Astronauts

Aliens

Journey Home

Teaching Point: The teacher can call out instructions, reminding the children of what is coming next.

Challenge: To take a lead when dancing.

Track 1-4

ACTIVITY 4: Performance and Feedback

1. Split the class into two. One half to dance and the others to watch.
2. Children to evaluate each other's performance.
3. Q & A – What went well?
Did they show control when performing?
How can they improve?
4. Swap over roles.

COOL DOWN

Children to move around in slow motion in their favourite alien move.

PLENARY

*Ask the children what they liked about today's lesson.
What was their favourite part of the dance so far? Why?
What do they think they are really good at?
How did they show that they were using different directions in their dance?*