

Learning Intention: *How can you remember your dance and perform with control?*

Yr 1

I can remember simple dance moves with support

I can remember simple dance moves and perform with some control

I can remember simple dance moves and perform with control

Key Words: Time, action start, Finish, Levels

Yr 2

I can remember simple dance moves and perform with some control

I can remember simple dance moves and perform with control

I can remember dance steps, performing with control in time to the music

Key Words: Movement, control, count, beat, travel

EQUIPMENT:

WARM UP: Musical Space Shapes.

Teacher to play any fun music. Children to dance around to the music. When the music stops children to make any space shape they can think of.

ACTIVITY 1: Recap Dance

1. Recap the dance so far with the children.
Practise with a tambourine and then with the music.
2. Remind the children that they are dancing and they should have clear movements, actions and expressions.

ACTIVITY 2: Ending of the Dance

Track 5

1. Tell the children that a dance is made up of 3 sections: a beginning, a middle and an end.
We have a beginning – the take off; our middle is in space ("Planets", "Astronauts" and "Aliens")
We just need an ending.
2. Explain to the children that we they will need to make any ending to their dance (could an Alien have accidentally come down to space with them and they looked surprised. Could they get a medal for going into space? Could they have a party? Could they cheer? The children need to come up with a short dance phrase for this.
3. Give the groups time to practise the ending of their dance.
4. The **finish** position must involve them being very still.

Progression: practise the dance phrase to the music.

Make it easier: Teacher to perform actions for the children to copy.

1. Listen to the music with the children. Explain that they are going to combine the dance phrases together and are going to video their performance.

Dance so far: Take off
Planets
Astronauts
Aliens
Journey Home
Finishing position

1. Let the children watch the video of themselves dancing (self-peer/peer assessment).
What did they enjoy? Did they perform the dance with **control**?
2. The children can still be mini coaches and give feedback to the performers.
What did they like about the performances? What did they do well?

Challenge: Can they perform each dance phrase without being prompted?

Remember

- ✓ A good **start** and **finish**
- ✓ Move in **time** to the music
- ✓ **Control**

COOL DOWN

Children to move around slowly showing their favourite part of the dance, e.g. aliens, planets, astronauts...

PLENARY

*Ask the children what they liked about their space adventure.
What was their favourite part of the dance? Why?
What do they think they are really good at?
What was important when making up their dance?*