

How can you pass an object to a target?

Yr 2

I can roll, throw, kick or catch a ball with some co-ordination and control

I can roll, throw, kick and catch successfully with co-ordination and control

I can consistently roll, throw, kick and catch a ball with good co-ordination, control and accuracy

EQUIPMENT:

Medium/large sized balls, enough for one each, cones, hoops bean bags, Boccia Balls (or use bean-bags).

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em

Note: This may take more than one lesson

Starter Activity
Read pages 18-19

Warm up: Follow my leader

Children to each have a tennis ball

1. In pairs, one child is the leader and the other child follows - one can be Freddy and the other can be Bobby.
2. Children to hop, skip and jump around as the pirates did in the story. They can perform different actions with their arms and legs. Partner follows and copies. What tricks can they do with the ball?
3. Swap over.

Book reference:
Pirates play follow my leader.



Q & A

What is important when throwing and catching a ball?
If catching, watch the ball and make your hands into a curved shape.
If throwing underarm, your hands point towards the person you are throwing at.
Their hands are your **TARGET**.

Activity 1: Coconut Competition

Children stand five steps apart from each other – you can use two spots to mark where they are to stand.

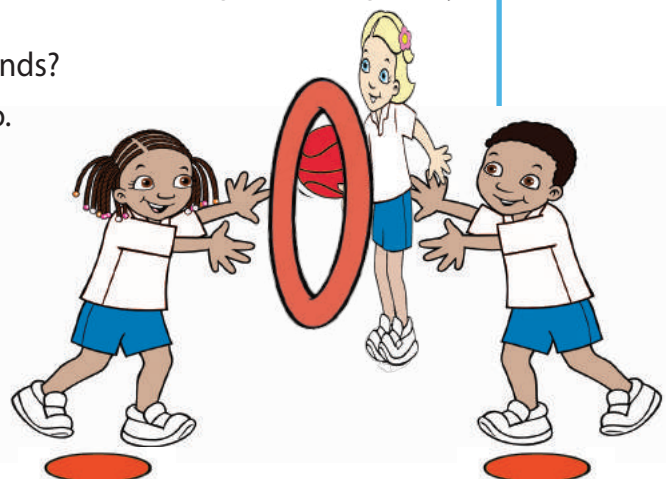
1. Children to get into threes, with a medium size ball and a hoop.
One of the group holds the hoop.
Now the other two can practice some passing through the hoop. **Change roles regularly.**

2. **Competition** - How many passes can you do in 30 seconds?

Make it easier: Beach balls, soft balls, bean bags, no hoop.

Make it harder: They can increase/decrease their distance.

Book reference:
The pirates roll the coconuts backwards and forwards to each other.



Activity 2: Passing Fun (using feet)

In pairs and five steps apart from each other.

1. Pass the ball to each other carefully – **CONTROL** the pass.
2. Children to pass the ball to each other 10 times by kicking.

Make it harder: Move further apart, try different ways of passing the ball.

3. Add cones to make a target for the ball to go through.
4. **Competition:** See who can get to ten the quickest (children to count out loud). When finished sit down and call "Pirates!".

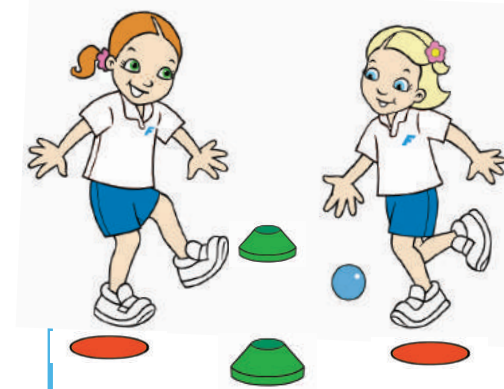
Make it easier: Use a smaller ball. Move closer to your partner

Make it harder: Move further away. Use different parts of your feet to pass the ball.

When kicking the ball ...

- 1) Place foot beside ball
- 2) Kick ball with the inside of foot
- 3) Point foot in direction of the pass

CONTROL



Linking learning: In football Fundamentals remember passing using the inside of your foot. Stopping the ball with the sole

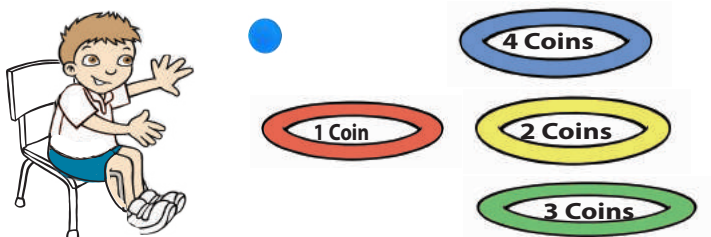
Activity 3: Collect the treasure (linking learning: These skills are also used in our Boccia unit)

Children to get into pairs and will sit on a chair:

Recap of prior learning: How can you aim into the hoops to score points?

1. Children to aim into the hoops/targets- How many coins can they get?

SEND: Can throw, kick or use a chute for this game



When throwing, try to release the ball when the hand is extended towards the target. Then point your fingers in the direction of the pass.

Make it harder: Add a spot as a target. Can the Children aim for it?

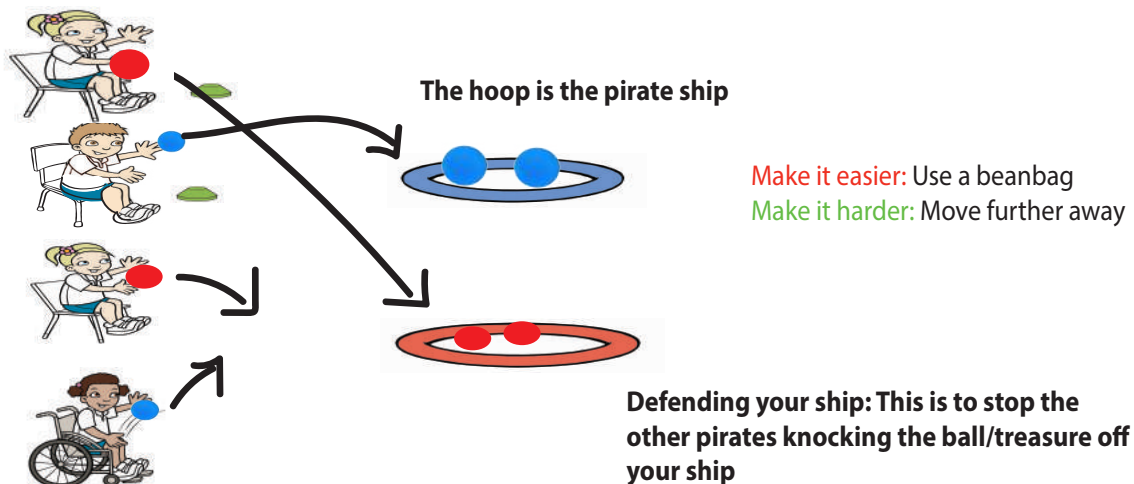
Make it easier: Use a beanbag

Activity 4: Get the treasure Home (Children to sit on a chair/or stand if you do not have any)

Set up 2v2 or 3v3. e.g 2 blue and 2 red **or** 3 blue and 3 red

- 1) Children are to aim towards their own pirate ship (getting their treasure onto their ship)
- 2) Children can also throw the ball/beanbag towards their opponents pirate ship, trying to knock their ball off their ship
- 3) Score by counting the balls/beanbags in your coloured hoop/pirate ship. Whoever has the most balls on their ship (hoop) wins

Tactics: Is it better to aim for your hoop or (pirate ship), or attack your opponents?



Cool Down: Play 'follow my leader' with the children. Start by jogging or skipping, then bring the pace down to walking.

Plenary: What did you like about today's adventure and which beach game did you like best? What is important when throwing to a target?