

How can you keep control when moving with the treasure (equipment)?

Yr 2

I can move with equipment (dribbling) with some balance and control
I can move with equipment (dribbling) with good control, balance and co-ordination

I can move with equipment (dribbling) at speed, with good control, balance and co-ordination

EQUIPMENT:

Balls, quoits, cones, strips, spots and bean bags, rackets uni hockey sticks, map.

Starter Activity
Read pages 14-17

Children to jog around an area and listen out for the commands:

Crow's Nest = Children stand on one leg

North = Hop forward

East = Side step to the right

South = Side step backwards

West = Side step to the left

Compass Point = Children all gather in centre of the room

Three in a Lifeboat = Children get into three's

Climb the Rigging = Children pretend to climb a rope ladder.

Submarines = Children lie on floor with one leg raised like a periscope

Hit the Deck = Children lie down on their stomachs as quickly as possible (or get in plank position).

Activity 1: Paces at speed (agility)

Children pretend they are Freddy and the pirates finding the treasure.
Equipment needs to be in a big pile (of different size balls, beanbags).

Teacher calls out paces :

- 10 Paces to the left (side step)
- 5 Paces forward (step forward)
- 2 Paces right (side step)
- 4 paces backward (step backwards)

NOW DIG (pretend to dig for treasure!).

1. Children walk paces through (See Treasure Map Resource)
2. Children jog
3. Children move with quick feet as fast as they can
4. Teacher can point forward, back, left and right, they have to move with quick feet

Note: After counting the paces, ask the children to close their eyes and you can tip out the treasure behind them in one big pile.

Linking Learning: Last lesson you had to change direction quickly.
Remember- push off with your feet and have light feet, keep on your toes



Activity 2: Moving with Treasure

Book reference:

The pirates moving with the treasure along the beach.

Control the equipment when moving with it!

Place a variety of balls in a hoop

Children to use a throw down spot/strip (folded), tennis racket or a uni hockey stick (plastic) as a 'spade.'

1. Can they use their 'spade' to move a ball along the floor? Key word: Keep **control** when moving with the ball. **Keep the ball close to your body.**

Make it harder: Make it harder by using smaller balls.
: Move at speed

Make it easier: Make it easier by using bean bags, beach balls, larger equipment. They can move the equipment along the floor with a hand if they are struggling to use the racket.

**Progress check:**

How can you keep control when moving with the treasure?

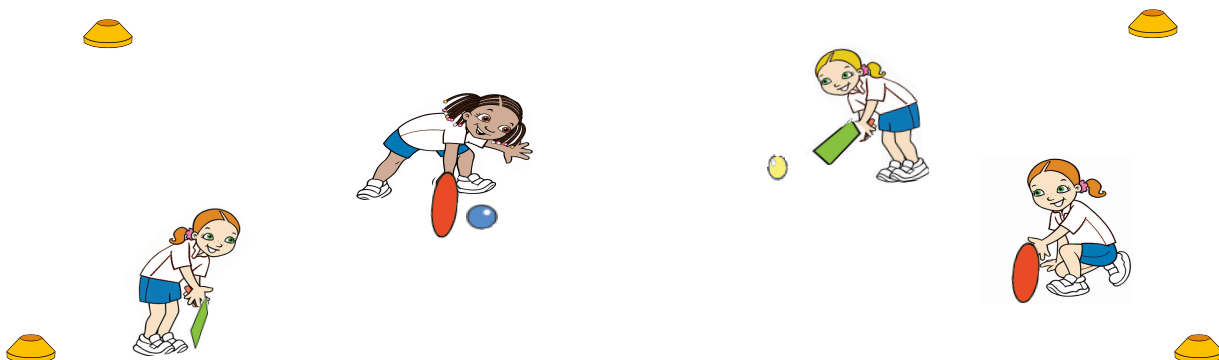
Control the equipment when moving with it!

Activity 3: Pirate

Children in teams - 2 v 2. Set up a mini pitch (football). Using cones as goals.

1. Fold the throw down strip in half/spot and hold in hand (use as a hand hockey stick).
2. The aim of the game is to get a tennis ball into the other teams goal.
3. If a team scores, the opposite team passes the ball in from a back line
4. You can have goal keepers in this game.

SAFETY: Bend knees (keep your head up)



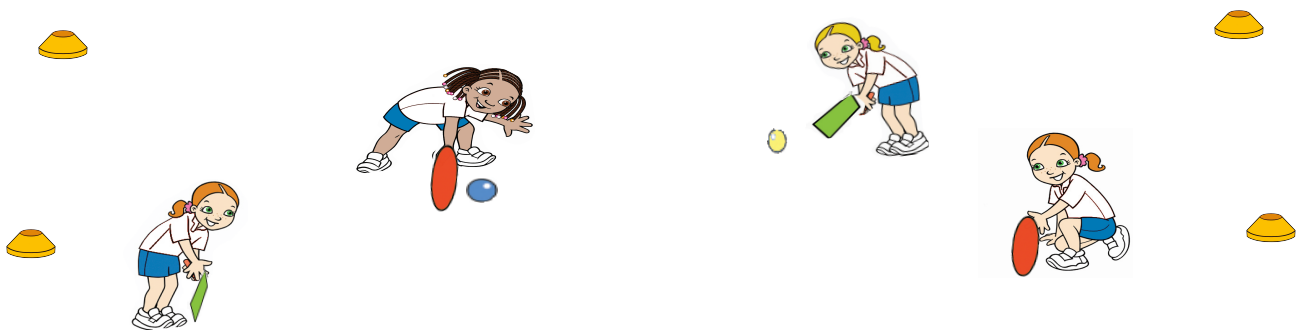
Activity 4: Pirate tournament (note this may take a further lesson)

Children to rotate around and play other pairs.

Make it harder: increase the number of players (e.g. 3v3 or 4v4)

Children can make up their own pirate rules for their games

- ✓ Keep balanced
- ✓ Quick feet
- ✓ Watch the ball



Cool Down: Children to walk around slowly and pick up the treasure (equipment). Can they sort the treasure into correct piles?

Plenary: What did you like about today's adventure? How did you keep control when dribbling the treasure? **Progress check**