

EQUIPMENT:

Balls, quoits, cones, strips, spots and bean bags, rackets map.

How can you keep control when moving with the treasure (equipment)?

Yr 1

I can move with equipment (dribbling) and keep some control

I can move with equipment (dribbling) with balance and control

I can move with equipment (dribbling) with good balance and control

Starter Activity
Read pages 14-17

Warm up: Treasure Hunt

Children find a space and listen to the teacher's instructions. Place 30 bean bags around the area.

Find the treasure: Jog around looking for treasure.

Stepping stones: Hop on one leg

Dig for the treasure: Pretend to dig.

Fill your pockets: Bend down and pick up treasure and put in imaginary pockets.

Pirates are coming: Crouch down small to hide.

Happy Pirates: Skip around in any direction

Catch the treasure: Pick up a bean bag. Throw and catch 3 times

Activity 1: Paces Recap

Children pretend they are Freddy and the pirates finding the treasure. Equipment needs to be in a big pile (balls, cones, quoits, bean bags, spots etc.).

Teacher calls out paces:

10 Paces to the left (side step)

5 Paces forward (step forward)

2 Paces right (side step)

4 Paces backward (step backwards)

NOW DIG (pretend to dig for treasure!).

Yr 2 Extension: Teacher can point forward, back, left and right

Children have to move with quick feet

Optional: Teacher gives all children a plastic tennis racket (pretend it is a spade).

Note: After counting the paces, ask the children to close their eyes and you can tip out the treasure behind them in one big pile.



Activity 2: Moving with Treasure

Book reference:
The pirates moving with
the treasure along the
beach.

Place equipment from Activity 2 in a pile.

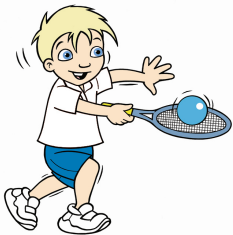
1. Children use different parts of their body or use the tennis racket to balance the treasure on. Try lots of different objects.
2. How many pieces of treasure can they balance?
3. Can they use their 'spade' (racket, spot or throw down strip) to carry a piece of treasure?
4. Can they use their 'spade' (racket, spot, throw down strip) to move a ball along the floor?

Make it harder: Make it harder by using smaller balls.

Make it easier: Make it easier by using bean bags, beach balls, larger equipment. They can move the equipment along the floor with their hand if they are struggling to use the racket.



Keep **control** when moving with the ball. **Keep the ball close to your body.**



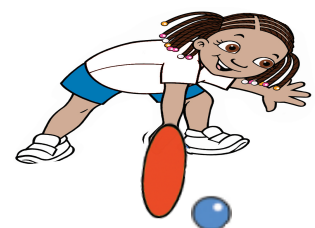
Progress check:

How can you keep control when moving with the treasure?

Control the equipment when moving with it!



Control the equipment when moving with it!



Activity 3: Treasure Race

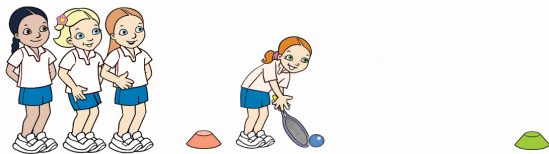
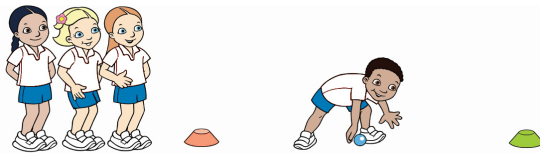
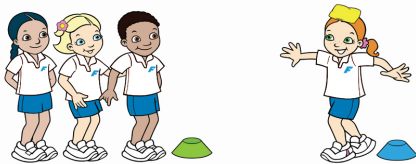
Put the children into pirate teams (no more than five in a team).

RULES:

1. Children stand behind a cone.
2. The first person balances the bean bag on their head.
3. They walk to the other cone and back.
4. Pass the bean bag to the next person, who then repeats the above.

Can they dribble the ball/bean bag using their hands?

Can they dribble the ball/bean bag with their racket?



Cool Down: Children to walk around slowly and pick up the treasure (equipment). Can they sort them into correct piles.

Plenary: What did you like about today's adventure? How did you keep control when dribbling the treasure? **Progress check**