

Learning Intention: *How can you work as part of a team?*

EQUIPMENT:

21 Hoops , spots, bean bags,
6 x balls e.g footballs

I can begin to communicate to work as a team

I can work together with my team and use different ways of communication

I can communicate with my peers and help them achieve a goal quickly and effectively

End of KS2 Attainment target:

Has taken part in outdoor and adventurous activity challenges both individually and within a team

WARM UP: Paper, scissors, stone.

In pairs. Children are to jump on a spot and on the 3rd jump they choose whether they are going to be:

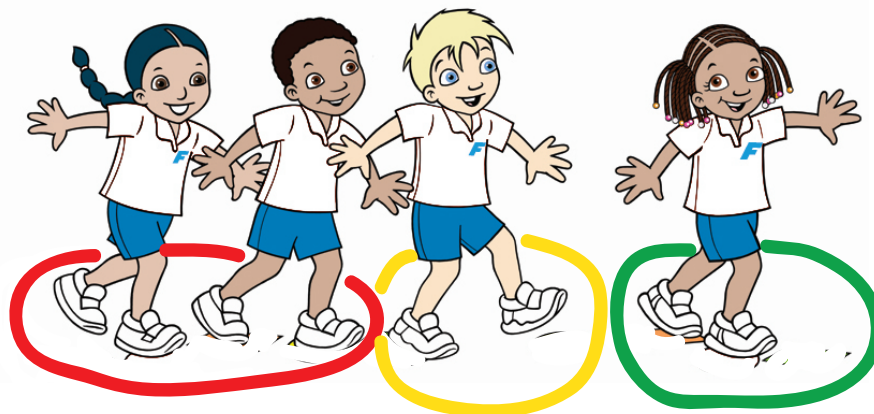
Paper- (stand tall arms up),
Scissors - star shape
Stone – crouch down small

Scissors cut paper
Stone blunts scissors
Paper covers stone

Children can play to the best of 3 then find another partner.

ACTIVITY 1: Cross the swamp

1. Groups of 4/5
2. Each group to have 3 hoops
3. The aim of the game is to get over the swamp without falling in it!
4. If they fall into the swamp (by stepping on the ground) the group has to restart the game.



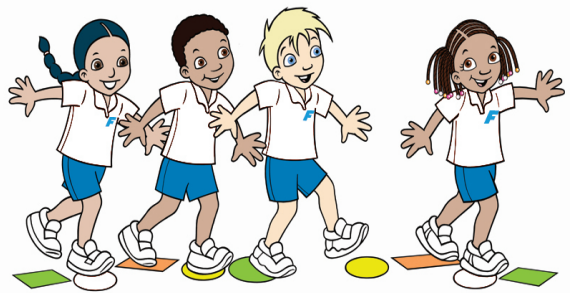
5. Now repeat this again -This time **WITHOUT** talking.

Q&A : What happened when you could not talk? How did you communicate?
How did you still work as a team?

ACTIVITY 2: Stepping stones

1. Groups of 4/5
2. Each group to have 4 stepping stones
3. The aim of the game is to get your whole team over the swamp
4. If they fall into the swamp (touch the floor) a stepping stone is taken away
5. If the team loses all the stepping stones they have to start again.

Challenge: Make it a race to see which is the quickest team.



Linking Learning: What other activities/sports in PE do you need good teamwork for?

ACTIVITY 3: Collect the treasure

Groups of 4/5

1. Children to form a circle with each child in the group holding onto a hoop (with two hands) and facing inwards.

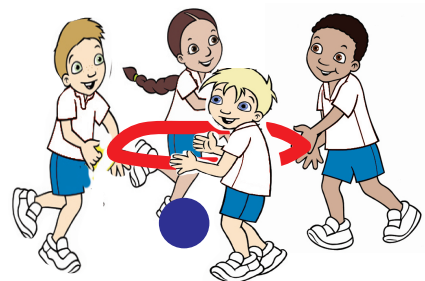
Place a ball on the ground within the circle.

The group must travel across the playground without letting go of the hoop. If the ball rolls out of the circle the group must go back to the start and try again.

2. **Make it harder:** Repeat with 2 or 3 balls inside the circle.

3. **Challenge:** Make it a race between the teams

Q&A: Did you work as a team? What was important in this activity?



PLENARY

How did you work together? Why were some groups quicker than others?