

PROGRESS-O-METER TARGET

ECO WARRIOR DANCE YEAR 3

This framework should be adapted by the teacher to meet the learning requirements of the class



PRIMARY P.E. PLANNING

Yr 3 Attainment Target

- Is beginning to communicate with others during physical activities
- Can begin to perform dances using movement patterns
- Is beginning to compare their performances with previous ones
- Can begin to recognise their own success

How can you use a stimulus
to perform a dance?

How can you collaborate with
a group to make a dance performance?

LESSON 6

STEP 4 (MASTERY)

STEP 3

STEP 2

STEP 1

STEP 4 (MASTERY)

STEP 3

STEP 2

STEP 1

LESSON 3

How can you use energy and
strength when performing a dance?

Strength
when performing

Energy
and strength
when performing

Space
when performing

I can vary the use of
space when performing

How can you use space
when performing a dance?

YEAR 3 ECO WARRIOR DANCE

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LESSON 2

How can you use space
when performing a dance?

LESSON 1

How can you dance in
a range of movement patterns



PRIMARY P.E. PLANNING

- Is beginning to communicate with others during physical activities
- Can begin to perform dances using movement patterns
- Is beginning to compare their performances with previous ones
- Can begin to recognise their own success
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- Can begin to perform dances using movement patterns
- Is beginning to communicate with others during physical activities
- Can begin to recognise their own success